

# E-learning Day 3

## Pre K

Pick a few of these activities to do today and have your grown ups send pics to your teacher on Seesaw.

<p><u>Rainbow Writing</u> 1. Pick three colors. 2. Write your name with the first color. 3. Repeat right on top of your original name with the other two colors</p> 	<p>Go outside and play in the snow!</p>	<p>Play with a turkey baster in a tub of water to work on the squeezing muscles in your hand.</p> 
<p><u>Q-tip Painting</u> -Use q-tips to paint a picture instead of a paint brush.</p>	<p><u>Dice Movements</u></p> <ol style="list-style-type: none"><li>1. Borrow some dice from a game at your house.</li><li>2. Roll the dice and say the number. Have an adult choose a movement (jumping, skipping, push ups, etc.) and do as many exercises as the dice says</li></ol>	<p>Use clothespins to move small objects from one container to the other to help build strong hand muscles for writing.</p>
<p><u>Balloon Tennis</u> Blow up a balloon and use paper plates as tennis rackets.</p> 	<p><u>Straw Necklace</u> Child cuts straws into small pieces and then threads them on yarn, string, etc.</p>	<p><u>Snowflake Balance</u> Use painter's tape to make a giant snowflake on the floor. Try walking on the lines like a balance beam.</p> 